



## Forever Multi-Maca®

Maca, also known as *Lepidium Meyenii*, is an annual plant that is cultivated in the Peruvian central highlands. The edible root, which resembles a radish, is a staple food for the local population.

Maca has been highly revered for over 2,000 years in Peru. According to legend, the Incan warriors ate Maca for strength and endurance before going to battle. The Spanish Conquistadors called it the “sex herb of the Incas”. Today it is known as Peruvian Ginseng. Modern studies suggest that Maca helps promote libido, sexual potency and energy.

Women in South America have also used Maca for thousands of years to help maintain their stamina, prevent fatigue and reduce the effects of stress on their body. Peruvian women begin using Maca at age 3, and remain strong, fertile and productive, and have immense stamina well into their later life. Maca may increase a woman’s libido, and should be taken daily for best results.

Maca’s reported beneficial effects for sexual function could be due to its amino acids, which are required for many functions in the body, including sexual and fertility functions. They also are required in the manufacturing of substances that transmit signals in the nervous system and play a major role in the process of sexual arousal and physical performance during sex.

Forever Multi-Maca combines legendary Peruvian Maca with other powerful herbs and select

ingredients, to create one of the finest supplements of its kind.

### Supplement Facts

Serving Size 2 Tablets

#### Amount Per Serving

Maca (root)	500mg*
<i>Tribulus terrestris</i> (fruit)	200mg*
Muira Puama (root)	200mg*
Catuaba (bark)	200mg*
L-Arginine	150mg*
Saw Palmetto (fruit)	150mg*
<i>Pygeum africanum</i> (bark)	50 mg*
Co Enzyme Q-10	10mg*
Soy Extract	10mg*

\* Daily Value not established

#### OTHER INGREDIENTS

Microcrystalline Cellulose, Calcium Citrate, Stearic Acid, Croscarmellose Sodium, Guar Gum, Magnesium Stearate, Silicon Dioxide, Dextrin, Dextrose, Lecithin, Sodium Carboxymethyl Cellulose and Sodium Citrate.

#### Contains Soy.

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60 tablets

#### DIRECTIONS

Two tablets every day with water.



- Known as the sex herb of the Incas
- Helps promote libido, stamina and energy



PRODUCT #215

*The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.*